



# ***COMMUNITY RESOURCE GUIDE***

*This guide was developed in partnership with*

*The Louisa Reentry Council*

*and the*

*Thomas Jefferson Area Crisis Intervention Team*



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## **24-HOUR CRISIS HELP LINES**

### **2-1-1 Virginia (local resource hotline)**

Phone: 211 or 1-800-230-6977

### **General Emergency (Police, Rescue, Fire)**

Phone: 911

### **Adult Protective Service Hotline**

Phone: 1-888-832-3858

### **Alzheimer's Association**

Phone: 911 for immediate assistance

Medical alert/Safe return: 1-800-625-3780

### **Blue Ridge Poison Control Center**

Phone: 1-800-222-1222

### **Virginia Child and Adult abuse/neglect [Protective Services Hotline]**

Phone: 1-800-552-7096

### **National Sexual Assault Hotline**

Phone: 1-800-656-4673

### **Sexual Assault Resource Agency [SARA]**

Phone: 1-434-977-7273

### **Region Ten Emergency services [Mental Health Crisis Hotline]**

Phone: 1-434-972-1800

### **National Runaway Safeline**

Phone 1-800-786-2020

### **Shelter for Emergency domestic violence assistance**

Phone: 1-434-293-8509

### **National Suicide and Veteran Crisis Prevention Lifeline**

Phone: 1-800-273-8255

### **Veteran Crisis Line**

Phone: 1-800-273-8255 Ext. 1

## LAW ENFORCEMENT/EMERGENCY SERVICES/COURTS

### Louisa County Administration

Phone: 540-967-3400

Address: 1 Woolfolk Avenue, Louisa, VA 23093

Email: [Info@louisa.org](mailto:Info@louisa.org)

Hours: Monday-Friday 8:30 a.m. – 5:00 p.m.

### Louisa County Sheriff's Office/Magistrate Office

Phone: 911 [emergency], 540-967-1234 [non-emergency], 540-967-4589 [administration]

Address: 1 Woolfolk Avenue, Louisa, VA 23093

Magistrate\_Phone: 540-967-4564

### Town of Louisa Police Department

Phone: 911 [emergency], 540-967-1234 [non-emergency], 540-967-3011 [administration] Address: 212 Fredericksburg Avenue, Louisa, VA 23093

### Louisa County Crime Solvers

Phone: 1-800-346-1466

Address: P.O. Box 789, Louisa, VA 23093

Website: [louisacrimesolvers.org](http://louisacrimesolvers.org)

Services: Louisa Crime Solvers pays for information leading to the arrest and indictment of those individuals deemed persons of interest. You do not have to give your name or testify in court. Your information could be worth up to \$1,000 [cash reward].

### Virginia State Police

Phone: 911 [emergency], 804-674-2000 [non-emergency]

Website: [vsp.state.va.us](http://vsp.state.va.us)

### Louisa County Fire and Emergency Services

Phone: 911 [emergency], 430-967-1234 [non-emergency], 540-967-3491 [administration]

### Louisa Courts

Louisa General District court

Phone: 540-967-5330

Address: 314 W. Main Street, Louisa, VA 23093

Louisa Circuit Court

Phone: 540-967-5312

Address: 100 W. Main Street, Louisa, VA 23093

Louisa Juvenile and Domestic Relations Court

Phone: 540-967-5337

Address: 314 W. Main Street, Louisa, VA 23093

## **SOCIAL SERVICES**

### **Louisa County Department of Human Services [DHS]**

Phone: 540-967-1320, Fax: 540-967-0593 Address:

103 McDonald Street, Louisa, VA 23093 Hours:

Monday-Friday 8:30 a.m. – 5:00 p.m.

Services: Financial and social services such as SNAP [food stamps], TANF, childcare, Medicaid, Medicaid Expansion, Virginia Initiative for Employment and Fuel and Energy assistance. The office also oversees foster care, adult, and child protective services.

### **Louisa County Adult Protective Services [APS]**

Phone: 540-967-1320, 1-888-832-3858 [24-hour hotline]

Address: 103 McDonald Street, Louisa, VA 23093 Hours:

Monday-Friday 8:30 a.m. – 5:00 p.m.

Services: APS serves adults 60 years of age and older as well as incapacitated adults 18 years of age and older. They offer a variety of health, housing, social, and legal services to stop and prevent [further] mistreatment of this community.

### **Louisa County Child Protective Services [CPS]**

Phone: 540-967-1320, 1-800-552-7096 [24-hour hotline]

Address: 103 McDonald Street, Louisa, VA 23093 Hours:

Monday-Friday 8:30 a.m. – 5:00 p.m.

Services: CPS serves children under the age of 18. They offer a variety of health, housing, social and legal services to prevent/stop mistreatment of this community.

## ALCOHOL/SUBSTANCE ABUSE

### **Region 10 Community Services Board**

Phone: 540-967-2880, 1-434-972-1800 [24-hour hotline]

Address: 101 Ashley Street, Louisa, VA 23093 Hours:

Monday-Friday 8:00 a.m. – 5:00 p.m.

Services: Many options for self-help, support groups, intensive outpatient programs and many community outreach programs. Charges for services vary with an individual's income.

Now offering the OBOT [Office-based opioid treatment] program. OBOT uses medication assisted treatment which has been proven to be a very effective treatment option. For more information call 540-967-1800 and request the OBOT program or walk in weekdays at 800 Preston Ave. from 8:30 a.m. – 2:00 p.m. For Greene and Louisa services, call 1-434-962-1949.

### **Mohr Center**

Phone: 1-434-979-8871

Address: 1907 Cedar Hill Road, Charlottesville, VA 22901

Hours: 24 hours; 7 days

Services: A ten-bed intensive treatment program for MEN recovering from addiction. Applicants must be sober and screened by Region 10. There is also a public inebriate shelter that provides a 5 bed sober shelter for adult males.

### **Addiction Recovery Systems [ARS]**

Phone: 1-434-220-0080

Address: 103 S. Pantops Drive, Suite 102, Charlottesville, VA 22911

Services: ARS offers medication assisted treatment by way of methadone or suboxone to aid individuals seeking recovery from opiate addiction. Individual and group counseling sessions are offered in conjunction with individual care from a treatment team inclusive of addiction counseling professionals, nurses and physicians. Speak with a representative regarding payment/insurance.

### **Alcoholics Anonymous [Jefferson District Intergroup]**

Phone: 1-434-293-6565

Address: 1807 Emmet Street North, Suite 3-A, Charlottesville, VA 22901

Hours: 24 hours; 7 days

Services: Support group of men and women who have the desire to stop drinking. The primary purpose is to stay sober and help other alcoholics achieve sobriety. Updated local meeting schedules are available at [jeffersonfob.wordpress.com](http://jeffersonfob.wordpress.com)

### **Al-Anon and Alateen**

Phone: 1-434-972-7011

Hours: 24 hours; 7 days

Services: Support group for families and friends of alcoholics. Alateen is a support group specifically for alcohol affected youth.

## **ALCOHOL/SUBSTANCE ABUSE [continued]**

### **Georgia's Healing House Partner for Mental Health**

Phone: 1-434-825-4311

Address: 911 East Jefferson Street, Charlottesville, VA 22902

Email: [volunteerggh@gmail.com](mailto:volunteerggh@gmail.com)

Services: Provides a safe and structured living environment to assist women in recovery from drugs or alcohol addiction/abuse to heal and become healthy, self-reliant and productive members of their communities. Program cost is based on a percentage of the participant's income. Obtain more information at [georgiasfriendsville.org](http://georgiasfriendsville.org)

### **Narcotics Anonymous [Piedmont Area]**

Phone: 1-800-777-1515

Address: P.O. Box 6931, Charlottesville, VA 22906

Hours: 24 hours; 7 days

Services: Self-help and support group of recovering addicts wishing to help one another to stay clean and sober. An updated list of meetings and events is available at [piedmontvana.org](http://piedmontvana.org)

### **Oxford House [Nationwide]**

Phone: 1-800-689-6411; Virginia 1-804-475-5130

Address: Various locations throughout Virginia and the U.S.

Services: The houses offer a democratically run, self-supporting and drug free home for those in recovery from addiction[s]. The residents share housing costs [including utilities] equally. A current list of vacancies is available at [oxfordhouse.org](http://oxfordhouse.org)

### **SAARA [Substance Abuse and Addiction Recovery Alliance]**

Phone: 10804-762-4445

Address: 2000 Mecklenburg Street, Richmond, VA 23223 Hours:

Monday-Friday 8:30 a.m. – 6:00 a.m.

Services: serves individuals in recovery from alcohol and drug addiction. In addition to advocacy for the client, family and friends, they offer training and group meetings.

## ALCOHOL/SUBSTANCE ABUSE [continued]

### Smart Recovery [On Our Own]

Louisa meetings:

Phone: 434-979-2440

Address: 105 McDonald Street, Louisa, VA 23093

Meetings are held every Tuesday from 7:30 p.m. - 9:00 p.m.

Charlottesville meetings:

Phone: 434-979-2440

Address: 123 4<sup>th</sup> Street, Charlottesville, VA 22903

Meetings are held every Wednesday from 6:00 p.m. – 7:00 p.m.

Each meeting consists of two to four tags: Public, Specialized, or Private

Public meetings are open to anybody.

Specialized meetings are open to those who meet a specific demographic requirement, indicated by another tag. If a meeting is specialized or private, it will also have another one or two tags indicating any special requirements.

Private meetings are only open by invitation or approval, and generally require an existing relationship with the facility/Facilitator.

Each meeting also has a tag indicating its format, as either a Discussion meeting, a Family & Friends meeting, or a Standard meeting.



## MENTAL HEALTH/DOMESTIC VIOLENCE/SEXUAL ASSAULT

### Region Ten Community Services Board

Phone: 1-540-967-2880; 1-434-972-1800 [24-hour hotline]

Address: 101 Ashley Street, Louisa, VA 23093 Hours:

Monday–Friday 9:00 a.m. – 5:00 p.m.

Services: Offers many options for individuals struggling with mental health issues, substance use or mental disabilities. Most insurance accepted as well as self-pay on a sliding fee.

### Help Happens Here

Phone: 911 [emergency]

1-434-227-0641 [non-emergency and referral line]

Services: this is a public awareness and stigma reduction campaign by the Community Mental Health and Wellness Coalition. They provide a website with resources as well as referrals. For more information call or visit [helphappenshere.org](http://helphappenshere.org)

### On Our Own

Phone: 1-434-979-2440

Address: 123 4<sup>th</sup> Street NW, Charlottesville, VA 22903

Hours: Monday/Tuesday 10 a.m. – 5:00 p.m.; Thursday/Friday 11:00 a.m. – 5:00 p.m.;

Wednesday/Saturday 12:00 noon – 5:00 p.m.; closed on Sunday

Services: Provides mutual support, self-help, advocacy, education, information and referral services to individuals experiencing significant issues in their lives due to mental illness. Free groups and walk-in peer support is offered 6 days a week.

### Ready Kids

Phone: 1-434-296-4118; 1-434-972-7233 [teen crisis hotline]

Address: 1000 East High Street, Charlottesville, VA 22901

Hours: Monday-Thursday 8:30 a.m. – 6:00 p.m.; Fridays 8:30 a.m. – 12:30 p.m.

Email: [info@readykidscville.org](mailto:info@readykidscville.org)

Services: Serves children, youth and their families. They provide programs for children such as an early literacy program, life skills program, and childcare. They provide counseling and temporary shelter for survivors of abuse, their family members and for teens at risk of running away. Ready Kids also provides training, workshops, and support groups for parents.

### SARA [Sexual Assault Resource Agency]

Phone: 1-434-295-7273; 1-434-977-7273 [24-hour hotline] Address:

335 Greenbrier Drive, Suite 102, Charlottesville, VA 22901 Hours:

Monday-Friday 9:00 a.m. – 5:00 p.m.

Email: [info@saracville.org](mailto:info@saracville.org)

Services: Free support services are available in English and Spanish to all survivors of sexual violence. SARA also promotes community education, prevention, and awareness. Through the 24-hour hotline, representatives are available to accompany survivors to the hospital ER at all times.

## MENTAL HEALTH/DOMESTIC VIOLENCE/SEXUAL ASSAULT [continued]

### Shelter for Help in Emergency

Phone: 1-434-963-4676; 1-434-293-8509 [24-hour hotline]

Address: 1415 Sachem Place, Suite 1, Charlottesville, VA 22902

Hours: 24 hours; 7 days

Email: [info@shelterforhelpinemergency.org](mailto:info@shelterforhelpinemergency.org)

Services: The shelter offers a variety of services designed to empower victims of domestic violence and create community support for domestic violence victims through services such as emergency, temporary and transitional housing, counseling, case management, programs for children and teens, and legal advocacy. Services are available in both English and Spanish.

### The Women's Initiative

Phone: 1-434-872-0047

Address: 1101 East High Street, Suite A, Charlottesville, VA 22902 Hours:

Monday, Wednesday, Friday 9:00 a.m. – 5:00 p.m.

Tuesday and Thursday 9:00 a.m. – 8:00 p.m.

Email: [info@thewomensinitiative.org](mailto:info@thewomensinitiative.org)

Services: Provides underinsured and uninsured women with individual counseling, free social support groups as well as community outreach and education. Services are available in both English and Spanish. A free walk in clinic is available at various locations. Charges based on income.

Schedules are available at [info@thewomensinitiative.org](mailto:info@thewomensinitiative.org)

## CHILDREN AND PARENTING

### **Region Ten Community Services Board**

Phone: 540-967-2880; 1-434-972-1800 [24-hour hotline]

Address: 101 Ashley Street, Louisa, VA 23093 Hours:

Monday-Friday 9:00 a.m. – 5:00 p.m.

Services: Offers many options for individuals struggling with mental health issues, substance use or mental disabilities. Most insurance accepted as well as self-pay on a sliding fee.

### **The ARC of Piedmont**

Phone: 1-434-977-4002

Address: 1149 Rose Hill Drive, Charlottesville, VA 22903 Hours:

Monday-Friday 8:30 a.m.-5:00 p.m.

Services: The ARC supports and works to connect individuals diagnosed with intellectual and developmental disabilities with the wisdom and support from other parents, family members, professionals and community members.

### **MACAA [Monticello Area Community Action Agency]**

Phone: 540-967-9522

Address: 115 Jefferson Hwy [Sage Bldg.], Louisa, VA 23093 Hours:

Monday and Thursday 10:00 a.m. – 4:00 p.m.

Tuesday and Friday 9:00 a.m. – 3:00 p.m.

Services: Head Start provides a comprehensive early childhood development program for three and four year old children from families in greatest need. Family advocates provide case management support; assist parents in addressing social service needs and help parents attain family management and parenting skills.

### **PREP [Piedmont Regional Education Program]**

Phone: 1-434-975-9400

Address: 1434 Rolkin Court, Suite 201, Charlottesville, VA 22911 Hours:

Monday-Friday 8:30 a.m. – 4:00 p.m.

Services: PREP provides tailored education programming and related services for children with emotional disabilities such as, vision and mobility issues, hearing impairment, therapy and autism. They also provide a Parent Resource Center.

### **Ready Kids**

Phone: 1-434-296-4118; 1-434-972-7233 [teen crisis hotline]

Address: 1000 East High Street, Charlottesville, VA 22901

Hours: Monday-Thursday 8:30 a.m. – 6:00 p.m., Friday 8:30 a.m. – 12:30 p.m.

Services: Serves children, youth and their families with early literacy programs, life skills and childcare. They also provide counseling and temporary shelter for survivors of abuse and for teens at risk of running away. Additionally they provide training, workshops, and support groups for parents.

## CHILDREN AND PARENTING [continued]

### **Side by Side [formerly ROSMY]**

Phone: 1-888-644-4390 [24-hour youth support hotline], 1-804-644-4800 [main office], 1-434-987-8975 [support group]

Address: UVA Teen & Young Adult Center, 1204 W. Main Street, Charlottesville, VA 22903  
2311 Westwood Avenue, Richmond, VA 23230 [main office]

Hours: call for selected location hours of operation

Email: [info@sidebysideva.org](mailto:info@sidebysideva.org)

Services: Offers a local support group in Charlottesville for LGBTQ+ youth ages 14-20 on Mondays from 6:30 p.m. – 8:30 p.m. The main office in Richmond also provides counseling, support, scholarships and other services for LGBTQ+ youth as well as training sessions to increase awareness and education within the general community. Options for self-help, support groups, intensive outpatient programs and many community outreach programs are available. Fees vary with income.

### **Child Health Partnership [Formerly Jefferson Area Chip]**

Phone: 540-967-1760

Fax: 540-967-2765

Address: 5578 Richmond Road, Suite 101, Troy, VA 22974

Services: Partnering with families to support the healthy development of infants and children facing the challenges of child illness, developmental delays, and the challenges of everyday life that come with limited resources. We serve some families long rooted in our community as well as refugees and recent immigrants in Charlottesville and the counties of Albemarle, Fluvanna, and Louisa.

## HEALTHCARE

### Blue Ridge Poison Control Center

Phone: 911 [emergency]; 1-800-222-1222 [non-emergency]

Address: 1222 Jefferson Park Avenue, Charlottesville, VA 22903

Hours: 24-hours; 7 days

Services: Phone center if you believe someone may have made a mistake with their medication intake or may have swallowed, touched or inhaled something harmful/fatal. Non-emergency calls are welcome, free and confidential. If an individual is not breathing, having a seizure or cannot wake up call 911.

### Charlottesville Free Clinic

Phone: 1-434-296-5525

Address: 1138 Rose Hill Drive, Charlottesville, VA 22903

Hours: Monday-Friday 8:30 a.m. – 4:30 p.m. Closed from 1:00 p.m. – 2:00 p.m.

Monday, Tuesday, Thursday 5:00 p.m. – 8:00 p.m.

Dental Walk-ins begin at 7:30 a.m. Monday and Wednesday Prescription pick-up hours: Monday-Friday 10:00 a.m. – 1:00 p.m.

Services: Offers medical services to those underinsured or have no insurance. Services are by appointment only.

### Health and Wellness Center of Louisa

Phone: 540-967-9401

Address: 115 Jefferson Highway, Suite 9, Louisa, VA 23093 Hours:

Monday, Tuesday, Wednesday, Friday 8:30 a.m. – 5:00 p.m. Dental hours: Monday-Thursday 8:30 a.m. – 6:00 p.m.

*Office closes at noon on first Wednesday of each month*

Services: Run by Central Virginia Health Services, the Center strives to provide affordable health care to the underserved population. They offer behavioral, medical, dental and assistance finding affordable health insurance.

### Louisa County Health Department – Clinic Health Services

Phone: 540-967-3703; 1-866-531-3068 [public health emergency hotline]

Address: 540 Industrial Drive, Louisa, VA 23093 Hours: Monday-Friday

8:30 a.m. – 5:00 p.m.

Services: Offers medical services such as immunizations, family planning, sexual health, TB testing, and WIC nutrition. Additional services are environmental health and emergency preparedness.

### Planned Parenthood

Phone: 1-434-296-1000

Address: 2964 Hydraulic Road, Charlottesville, VA 22901

Hours: Closed Monday and Tuesday; Wednesday 10:00 a.m. – 6:00 p.m.; Thursday 8:00 a.m. – 4:00 p.m.; Friday 8:00 a.m. – 1:00 p.m.; Saturday 9:00 a.m. – 1:00 p.m.; Closed Sunday

Services: Walk in service is available for emergency contraception, pregnancy testing and birth control refill pickup. Other services are available by appointment for a range and sexual and reproductive health care services as well as STD testing. Fees based on income and insurance.

## HEALTHCARE [continued]

### **Pregnancy Center of Virginia**

Phone: 1-434-979-8888; 1-434-220-3777 [24-hour helpline]

Address: 320 W. Main Street, Charlottesville, VA 22903

Hours: Monday, Wednesday, Thursday 10:00 a.m. – 5:00 p.m.; Tuesday 10:00 a.m. – 7:00 p.m.;

Closed on Friday

Services: A Christian pro-life agency that provides free pregnancy tests, counseling and practical support to women in crisis pregnancies.

### **UVA Teen and Young Adult Health Center**

Phone: 1-434-982-0090

Address: 1204 W. Main Street, Charlottesville, VA 22903 Hours:

Monday-Friday 8:30 a.m. – 5:30 p.m.

Services: Serves young men and women 20 years of age and younger for routine healthcare services.

## **NUTRITION**

### **The Louisa County Resource Council**

147 Resource Lane, Louisa, VA 23093 Hours:

Monday-Friday 9:00 a.m.-3:00 p.m.

Phone: (540) 967-1510

#### **Community Cupboard**

Community Cupboard provides monthly allotments of food at no charge to income-eligible Louisa County residents. Basic staples, like canned fruit, vegetables, peanut butter, and protein-rich beans are supplemented with fresh meats, produce, and dairy so that clients have enough variety to create their own nutritious meals.

#### **Emergency Food Pantry**

Emergency Food Pantry provides a week's worth of groceries to those faced with an unexpected crisis, such as job loss, or medical emergencies. Families may receive an emergency food supply at no charge two times during a six-month period.

#### **Meals on Wheels**

Meals on Wheels partners with the Central Virginia Food Bank to provide daily, nutritious home-delivered meals and a friendly security check to eligible homebound neighbors who cannot shop or cook for themselves.

#### **Children's Feeding Program**

Children's Feeding Program in partnership with Louisa County Public Schools, and New Life Community Church, assists children who are at risk of hunger when schools are not in session. On weekends, over holidays, and during the summer, kid-friendly food packed in backpacks or boxes are distributed to children who, without them, would not get enough to eat.

#### **Grocery Assistance Program**

Grocery Assistance Program (GAP) is a monthly allotment of food to families who have incomes above federal poverty levels but who are struggling to afford enough healthy food. Independent of any government criteria, GAP serves a growing number of Louisa County residents trying to manage on fixed incomes while their housing, electricity, and medical expenses increase. GAP has no effect on clients currently receiving benefits through our other food assistance programs.

#### **Community Closet**

The LCRC accepts tax-deductible donations of new and gently used clothing for children and adults. Seasonally appropriate clothing is preferred. Items are made available for clients and others in the community who need assistance.

#### **Information & Referral**

Information & referrals are constantly provided during work hours for walk-in and telephone inquiries. We help clients connect with other area resources that address employment, homelessness, and a wide variety of human service issues.

## **NUTRITION [continued]**

### **JABA Meal Delivery**

Phone: 1-434-817-5222; 1-434-817-5253 [eligibility]

Address: 674 Hillside Drive, Suite 9, Charlottesville, VA 22901

Services: Meals available to low income, homebound, and over the age of 60 without meal options.

### **The Salvation Army Public Meals Program**

Phone: 1-434-295-4058

Address: 207 Ridge Street, Charlottesville, VA 22902

Hours: Breakfast- Monday-Friday 7:30 a.m. – 8:00 a.m.; Saturday and Sunday 8:30 a.m. – 9:00 a.m.

Lunch: Monday-Friday 11:30 a.m. – noon; Saturday and Sunday 12:30 p.m. – 1:00 p.m.

Dinner: Each day from 4:30 p.m. – 5:00 p.m.

Services: All guests receive one on one advocacy. There is a 58-bed shelter in addition to a soup kitchen that serves 3 meals per day. Emergency food is also available. All services are based on a first come, first serve basis but no one hungry will be turned away.



## HOUSING

### **Fluvanna/Louisa Housing Foundation**

Phone: 540-967-3483

Address: 1 Woolfolk Avenue, Louisa, VA 23093

Services: the foundation strives to improve the ability of low income, elderly and/or disadvantaged individuals to meet their housing needs by providing services. Housing vouchers, handicap ramps, first time home buyers assistance, emergency repairs, indoor plumbing program and rental units are among the services offered. For eligibility and/or more information, phone the listed number.

### **The Haven**

Phone: 1-434-973-1234

Address: 112 West Market Street, Charlottesville, VA 22902

Hours: Monday-Saturday 7:00 a.m. – 12:00 noon; Sunday 7:00 a.m. – 3 p.m.

Services: provides a multi-resource day shelter for individuals facing homelessness. They offer breakfast, storage bins, a place to receive mail, shower and laundry facilities, computers, job and home search assistance, and a comfortable environment to meet.

### **MACAA [Monticello Area Community Action Agency]**

Phone: 1-434-295-3171

Address: 1025 Park Street, Charlottesville, VA 22901 Hours:

Monday-Friday 9:00 a.m. – 5:00 p.m.

Services: offices located in Fluvanna, Louisa and Nelson counties provide emergency assistance to families in need of food, clothing and financial resources to cover rent or utility costs.

### **PACEM [People and Congregations Engaged in Ministry]**

Phone: 1-434-973-1234

Address: P.O. Box 14, Charlottesville, VA 22902

Service: a grassroots organization that coordinates space and volunteers to provide shelter for individuals in our community who are homeless.

### **Piedmont Housing Alliance**

Phone: 1-434-817-2436

Address: 682 Berkmar Circle, Charlottesville, VA 22901 Hours:

Monday-Friday 9:00 a.m. – 5:00 p.m.

Services: provides in-depth information and assistance to first-time homebuyers

### **Salvation Army Emergency Shelter**

Phone: 1-434-295-4058

Address: 207 ridge Street, Charlottesville, VA 22902

Hours: Monday-Sunday 9:30 a.m. – 3:30 p.m. and 5:00 p.m. – 9:00 p.m.

Services: All guests receive one on one advocacy. There is a 58-bed shelter. In addition, a soup kitchen serves three meals per day. Emergency food is also available. All services based on first come first serve but no one who is hungry will be turned away.

## HOUSING [continued]

### **Virginia Supportive Housing**

Phone: 1-434-227-4751; 1-804-788-6825 [Central Virginia] Address:

8002 Discovery Drive, Suite 201, Richmond, VA 23226 Hours:

Monday-Friday 8:30 a.m. – 5:00 p.m.

Services: Virginia Supportive Housing manages The Crossings, Charlottesville's first permanent supportive housing community for formerly homeless individuals. It is also a mixed income community in which 30 of the 60 studio apartments are designated for individuals who may not have experienced homelessness but whose incomes are 50% or less of the area median income.

### **WARM [Waynesboro Area Refuge Ministry]**

Phone: 540-324-8166 [administration]; 540-254-7888 [shelter information]

Address: All local Waynesboro churches

Hours: November thru March 6:00 p.m. – 7:00 a.m.

Services: This cold weather shelter program provides transportation, community referrals, shelter and basic personal care items.

### **The Journey Home**

Phone: 540-894-5830

Address: P.O. Box 482

Services: provides Christ-centered transitional housing to individuals or families in need of a temporary place to live [up to 18 months]. Spiritual, financial, job and practical education will be available to prepare residents for their next step towards permanent housing. An application and board review are completed prior to acceptance. Visit [journeyhomemineral.org](http://journeyhomemineral.org) for more details.

## AREA SCHOOLS

### **Louisa County School Board**

Phone: 540-894-5115

Address: 953 Davis Highway, Mineral, VA 23117

### **Jouett Elementary School**

Phone: 540-872-3931

Address: 315 Jouett School Road, Mineral, VA 23117

### **Moss-Nuckols Elementary School**

Phone: 540-967-1347

Address: 2055 Courthouse Road, Louisa, VA 23093

### **Thomas Jefferson Elementary School**

Phone: 540-967-0492

Address: 1782 Jefferson Highway, Louisa, VA 23093

### **Trevilians Elementary School**

Phone: 540-967-1108

Address: 2035 South Spotswood Trail, Louisa, VA 23093

### **Louisa Middle School**

Phone: 540-894-5457

Address: 1009 Davis Highway, Mineral, VA 23117

### **Louisa High School**

Phone: 540-894-5436

Address: 757 Davis Highway, Mineral, VA 23117

Services are also being offered through the Thomas Jefferson Adult Learning Program at the Louisa Center [located in front of the high school at 815 Davis Highway] to expand computer skills, navigating online, job searches, etc. Call 1-434-961-5461 for information or visit [pvcc.edu/tjace](http://pvcc.edu/tjace)

### **ACE [Adult Community Education]**

Phone: 540-967-5660

Address: 115 Jefferson Highway #1 [Sage Building] Louisa, VA 23093

Hours: Monday 10:00 a.m. – 6:00 p.m.; Tuesday, Wednesday, Thursday 10:00 a.m. – 3:00 p.m.

Services: ACE trains volunteers to work one on one with adult learners. Learners set their own goals and achieve them with the help of ACE volunteers. After being matched, student and tutor work together to set meeting times and establish a plan accomplish their goals. Subjects include literacy, GED, computer skills and more. For more information call or visit [acelouisa.com](http://acelouisa.com)

## TRANSPORTATION SERVICES

### **Jaunt, Inc.**

Phone: 1-434-296-3184 [Ext 120 for Spanish]

Address: 104 Keystone Place, Charlottesville, VA 22902

Email: [info@ridejaunt.org](mailto:info@ridejaunt.org); [trips@ridejaunt.org](mailto:trips@ridejaunt.org) [reservations]; [ada@ridejaunt.org](mailto:ada@ridejaunt.org) [ADA services]

Services: Jaunt is a regional public transportation system offering both fixed routes and door-to-door services at affordable prices. They also help coordinate free rides for residents with disabilities.

## VETERAN SERVICES

### **Department of Veteran's Services – Charlottesville Benefits Office**

Phone: 1-434-529-6431

Address: 1430 Rolkin Court, Suite 202, Charlottesville, VA 22911 Hours:

Monday-Friday 8:00 a.m. – 4:30 p.m.

Veterans seen 8:30 a.m. – 3:00 p.m.

Closed to the public on the last business day of each month

Services: Serving Veterans in the counties of Albemarle, Charlottesville, Fluvanna, Greene, Louisa, Madison, Nelson and Orange.

## ELECTRIC SERVICES

### **Central Virginia Electric Cooperative**

Phone: 1-434-263-8336; 1-800-367-2832 [toll free]

Address: 1224 Salem Church Road, Palmyra, VA 22963

Website: [mycvec.com](http://mycvec.com)

### **Dominion Energy**

Phone: 1-866-366-4357

Hours: Monday-Friday 8:30 a.m. – 5:00 p.m.

Website: [mycvec.com](http://mycvec.com)

### **Louisa County Department of Human Services Energy Assistance**

Phone: 540-967-1320

Address: 103 McDonald Street, Louisa, VA 23093 Hours:

Monday-Friday 8:30 a.m. – 5:00 p.m.

Services: heating, cooling, crisis assistance to low income residents meeting eligibility criteria. Call for more information.

## SENIOR/AGING COMMUNITY

### **InnovAge Virginia PACE – Blue Ridge**

Phone: 1-434-529-1300

Address: 1335 Carlton Avenue, Charlottesville, VA 22902 Hours:

Monday – Friday 8:00 a.m. – 5:00 p.m.

Services: Providing healthcare and social services to seniors without having to move him/her to a nursing facility. They work in partnership with JABA, UVA Medical Center and Riverside Health System.

### **JABA [Jefferson Area Board for the Aging]**

Phone: 1-434-817-5222

Address: 674 Hillsdale Drive, Suite 9, Charlottesville, VA 22901

Email: [info@jabacares.org](mailto:info@jabacares.org)

Services: Serving the needs of the aging community with support groups, providing care and counseling options, and working with other organizations to provide housing and in-home care. For more information call, email or visit [jabacares.org](http://jabacares.org)

### **JABA Louisa Community Senior Center**

Phone: 540-967-4433

Address: 522 Industrial Drive, Louisa, VA 23093

Hours: Tuesday, Wednesday, Thursday 9:00 a.m. – 2:00 p.m.

Services: Community resource information for you and your family. Fun filled days, education and activities for all. Encouraging a healthy lifestyle through exercise as well as various physical activities are part of each day. JABA Health Services provide free health screenings to ensure that the nurse is aware of any medical conditions that may arise.

### **Virginia Office of Aging Services – Division for Community Living**

Phone: 1-804-662-9333

Address: 1610 Forest Avenue, Suite 100, Richmond, VA 23229

Services: Assists senior Virginians live as independently as possible by coordinating and providing services to help them maintain their dignity and security.

### **Senior Guidance**

Website: [seniorguidance.org](http://seniorguidance.org)

Services: comprehensive resources on various senior living options including assisted living facilities, senior living communities, nursing homes, independent living communities, continuing care retirement communities [CCRC] and any other long term care options such as Alzheimer's or Dementia.

## LEGAL INFORMATION/REFERRAL SERVICES

### Legal Aid Justice Center

Phone: 1-434-977-0553

Address: 1000 Preston Avenue, Suite A, Charlottesville, VA 22903 Hours:

Monday-Friday 9:00 a.m. – 5:00 p.m.

Services: Provides legal information and representation to low income individuals in areas of civil rights, racial injustice, economic injustice, Just Children and Immigrant Advocacy.

### Victim/Witness Assistance

Phone: 540-967-2205

Address: 100 W. Main Street, Louisa, VA 23093 [Louisa Commonwealth's Attorney Office] Services: provides information, support and assistance to crime victims, witnesses and family members. The program assists victims, witnesses and families through the criminal justice system; makes referrals for crisis intervention; medical assistance; financial assistance; counseling; safety and protection plans and provides support during an often life changing series of events.

### 2-1-1 Virginia

Phone: 211; 1-434-845-8016 [Central Virginia Main Office]

Address: 1010 Miller Park Square, Lynchburg, VA 24501 [Central Virginia Main Office] Services:

Basic needs including food banks, shelters, rent and/or utility assistance, physical and mental health resources. Work initiatives: job training, English as a second language classes, GED prep, financial and transportation assistance. Support for seniors and individuals with disabilities: adult day care, meals at home, respite care and home healthcare. Support for children, youth and families: after-school programs, tutoring, mentorship programs, counseling and childcare centers.

### Creciendo Juntos [Growing Together]

Address: P.O. Box 184, Charlottesville, VA 22902

To contact email: [coordinator@cj-network.org](mailto:coordinator@cj-network.org)

Services: A community effort to support Latino families in Charlottesville and Albemarle. A leading Latino advocate group providing year round workshops, forums, and resources for Latinos and Latino serving organizations.

### United Way – Thomas Jefferson Area

Phone: 1-434-972-1703

Address: 806 East High Street, Charlottesville, VA 22902 Hours:

Monday-Friday 8:30 a.m. – 5:00 p.m.

Services: serving the Cities/Counties of Charlottesville, Albemarle, Greene, Nelson, Louisa and Fluvanna. Provides endless lenses with which to view our area. This diversity allows for deep conversations on issues that affect our region, but may not be addressed head on. We work to identify broad, encompassing solutions for various issues.

## SUPPORT GROUPS

### **Alcoholics Anonymous [Jefferson District Intergroup]**

Phone: 1-434-293-6565

To obtain current meeting schedules/locations visit [jeffersonfob.wordpress.com](http://jeffersonfob.wordpress.com)

Support group of men and women who have the desire to stop drinking. The primary purpose is to stay sober and support others to achieve sobriety.

### **Al-Anon and Alateen**

Phone: 1-434-972-7011

To obtain current meeting schedules/locations visit [jeffersonfob.wordpress.com](http://jeffersonfob.wordpress.com)

Support group for families and friends of alcoholics. Alateen is a support group specifically for affected young folks.

### **Narcotics Anonymous [Piedmont Area]**

Phone: 1-800-777-1515

To obtain current meeting schedules/locations visit [piedmontvana.org](http://piedmontvana.org)

Self-help and support group of recovering addicts wishing to help one another stay clean and sober.

### **Alzheimer's Caregivers**

Phone: 540-872-2394

Address: Betty Queen Center, 522 Industrial Drive, Louisa, VA 23093 Meetings are on the 2<sup>nd</sup> Monday of each month from 1:00 p.m. – 2:30 p.m.

Providing education, information and support for family members and caregivers. Groups offer family /caregivers an opportunity to learn about issues relating to Alzheimer's and to share personal experiences and coping skills.

### **Charlottesville Survivors of Suicide**

Phone: 1-434-974-9314 [phone for meeting location]

Meetings are on the 1<sup>st</sup> Thursday of each month from 7:00 p.m. – 8:30 p.m.

A place for those who have lost a loved one to suicide are able to openly speak with and receive support from one another.

### **Compassionate Friends**

Phone: 1-434-977-8930 or email: [piedmontvatcf@gmail.com](mailto:piedmontvatcf@gmail.com)

Address: Church of Our Saviour, 1165 Rio Road, East, Charlottesville, VA 22901

Meetings are on the 4<sup>th</sup> Tuesday of each month with the exception of December at 7:00 p.m. A support group for family/friends after the loss of a child of any age through death.

## SUPPORT GROUPS [continued]

### Side by Side

Phone: 1-800-644-4390 [youth support line]; 1-800-644-4800 [general questions]

Address: 1204 W. Main Street, Charlottesville, VA 22903

Meetings are on Mondays from 6:30 – 8:30 for ages 14-20 and Sundays from 3:30 p.m. – 5:00 p.m. for 6<sup>th</sup> to 8<sup>th</sup> grade youth

Local support for LGBTQ+ youth ages 14-20

### Smart Recovery [On Our Own of Charlottesville]

Louisa meetings:

Phone: 434-979-2440

Address: 105 McDonald Street, Louisa, VA 23093

Meetings are held every Tuesday from 7:30 p.m. - 9:00 p.m.

Charlottesville meetings:

Phone: 434-979-2440

Address: 123 4<sup>th</sup> Street, Charlottesville, VA 22903

Meetings are held every Wednesday from 6:00 p.m. – 7:00 p.m.

Each meeting consists of two to four tags:

Public, Specialized, or Private

Public meetings are open to anybody.

Specialized meetings are open to those who meet a specific demographic requirement, indicated by another tag. If a meeting is specialized or private, it will also have another one or two tags indicating any special requirements.

Private meetings are only open by invitation or approval, and generally require an existing relationship with the facility/Facilitator.

Each meeting also has a tag indicating its format, as either a Discussion meeting, a Family & Friends meeting, or a Standard meeting.

## CONTACT INFORMATION FOR THIS GUIDE:

***The Louisa Reentry Council:*** 103 McDonald Street, Louisa, VA 23093 (540) 967-1320

***Thomas Jefferson Area Crisis Intervention Team (CIT)***

*Thomas von Hemert, Coordinator: (434) 987-6699 [vonhemertt@charlottesville.org](mailto:vonhemertt@charlottesville.org)*