

Louisa County Commission on Aging

Minutes April 3, 2019

Location: English Meadows of Louisa Assisted Living

Present: Sarah Winston (former member), Lillian Morris, Barbara Hollins, Jon Tustin, Kathy Swarthout, Ginger Dillard, Bob Kuhnle, Alex MacCormack

Meeting Chair: Jon Tustin, Chair

Minutes:

- Motion moved and seconded to approve minutes as submitted

Treasurer Report:

- \$259.53 previous balance
- No receipts and not expenses
- Current balance of March 19, 2019 is \$259.53

Publicity: no report

Activities: no report

Budget Committee: no official report

General Discussion on Funding:

- Discussion of BOS funding.
- Willie has gotten \$4500 in the budget during work session out of the \$7200 original request. The BOS had previously defunded the COA.
- COA submitted a new funding outline per Board request
- Willie Gentry Feels like the \$4500 will stay in the budget but there was no discussion at the last public BOS mtg regarding our new submission.
- Some discussion if we need to submit a plan indicating expenses and a plan for the \$4500. Jon will ask Willie if that needs to happen.
- Committee feels regardless that of whether the BOS requires it we need a budget plan.
- Ginger does not feel that the BOS would support us using the monies for a Christmas lunch
- Second budget outline included a showcase with a lunch included.
- Willie and Kathy have been discussing presenting to the Chamber of Commerce combining the Chamber book and the Yellow Book.
- Do we do the book economically but independent of the Chamber since the Chamber publication is for advertising businesses?
- The Yellow Book is also a strong part of our identity.
- We should add caregivers to the concept of the Yellow Book.
- Yellow Book should also be available electronically.
- Ginger will work with JABA's marketing dept to determine about how to have a website and what else might go on it for a robust educational site. Site should have adjustable font sizes.

- JABA will review the book for accuracy and see if it can be reduced.
- Ginger brought up the idea of an Aging Town Hall with breakout sessions on topics such as advance directives, Getting Started in Medicare, Disrupt Aging, etc
- Spaces could be at Spring Creek, Betty Queen, or one of the schools.
- Barbara feels that we should consider the impact and need for the Christmas party.
- Ginger suggested just focusing on the current community Center members and COA members supporting decorating and programming. Specifically using churches to reach out to isolated seniors with the hope of getting them to then regularly come to the senior community center.
- As a group felt that if we are going to do a Christmas lunch we need to invite the larger community
- Ginger suggested partnering with the Resource Council to open the Christmas lunch to a larger group and focus on hunger.
- Bob said that the Resource Council is developing a Caring Connections to reach isolated seniors.
- Ginger also suggested that the COA be represented at the monthly community partner meetings of the Resource Council.
- Bob and Kathy are tasked with reaching out to representative of the Resource Council.

Rack Card

- A few people sent new feedback.
- Changes will be made and then printed.
- To be utilized at events.
- Suggested changing card to show a phone number of the County Office Building to learn of meeting location.
- Members approved printing of card.
- Jon will send Ginger the electronic version for printing at JABA at no cost to the COA or its members.

New Business

Introduction: Sarah Winston, former charter member of the COA

Louisa Street Festival

- Date: Saturday, June 8th 10-4
- Hosted by Chamber of Commerce
- No admission
- Cost to set up booth unknown. Kathy and Alex (Activities Committee) will research.

Membership:

- Laurie Nafzinger has requested (JABA Volunteer Ombudsman)
- She is from the Mountain Rd District so she can not represent Mt Rd.
- Discussion around whether she is an Associate membership and can she have voting privileges.
- Decided to have her come to the next meeting to determine her level of interest to see if she would be an Associate member, individual member, or member through JABA.

English Meadows Tour

Adjourn