

**Louisa County Commission on Aging
October 2, 2018**

Attendees: Willie Gentry-BOS, James Smith-LCPTR, Helena Unhoch-JABA, Barbara Hollins, Lillian Morris, Kathy Swarthout, Cindy Swann

Moment of Silence: Prayer

Minutes: Minutes read and approved.

Treasurers Report: Balance as of Sept. 30, 2018, is \$3808.54 no expenses or expenditure. Report approved.

JABA: Helena went over a lot of information on the Epworth Manor Event. Epworth is the only Senior Complex in Louisa. She went over Meals on Wheels, Food Bank. Talked about healthy nutrition and having a healthy diet. Risks not having a healthy diet. Talked about the Resource Council and what they have to offer. You can volunteer to help with different needs. Medicare part D and having that renewed. They have different outside agencies come in and have events for them. There are eighty six residents. It was brought up that we need to work on what their needs are and how we may be able to help. Helena said their help and needs are kept up with. There are only, a couple that are disabled. The youngest person is in their seventies. Barbara brought up that the COA at our September meeting voted on having a Goals Objective Committee to come up with Goals for us to work towards, so we could progress. This maybe could help with other things with in the County. Ginger, Kathy and Cindy are on the Committee.

Other information from JABA. They have a New Manage . Her name is Sharon and everything is going well. She was trained in Charlottesville. A lots of new members are being picked up for home delivered meals. That program is doing great. At the end of the month Fuel Assistance will start. Crises Benefits are people who need fuel or wood. Need to contact Ginger. This information should be included in the County Express it really shows really what JABA does on a monthly basis and some Board Members don't know that.

Old Business: The Christmas Luncheon Committee. They have met twice. The last time they met was last week. They came up with the menu and asked up with bids. Pam will do the Luncheon. She will pick up the food and prepare it. They will prepare, turkey, dressing, gravy, mash Potatoes, green beans, sweet potato and apple casserole, cranberry's, rolls, butter, desert. The desert we will leave up to cater, tea and water. Will get utensils, napkins, etc. The cost will be \$2,931. A motion was made and passed to except who will fix the luncheon and what the meal will consist of and the cost. Paula with Parks & Recreation agreed to do the flyers. They will be ready for our Oct. meeting so we can get them out. Will, try to cut down on the cost of the Treat Bags. We got a Volunteer to buy the bags that will cost about a \$100. We might be able to get some candy donated from the Food Pantry. Will cut down on the amount of candy we put in the bags. We will do the bags the day before which is our meeting day. Went over the decorations, etc. Kathy will be taking care of that.

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Will put it in the Central Virginian under the Community Events. Will, work with Jaunt for transport. Will, get tickets for the Door Prize raffles. For entertainment Barbara talked with Kathy at the school and the kids will be doing it. They are excited to do it again. Bill Brooks will also be with us. Barbara will contact a Minster to come.

Barks & Recreation: James went over what the Fire Marshall doing inspections, emergency lights, surge protectors. He will be doing another inspection in about 10 days. He found things that needed updated. Everything is going quite well. More clients are being picked up. He went over Link Ages.

Other Business: Went over By Law Changers. The County Attorney is working on the changes. To be sure they are legal and as soon as they are done they will go to the BOS to approve. After the comments we made last month Jon prepared them and gave them to Willy and he took them to the Attorney. There should be no problem with them.

Correspondence: None

Minutes Respectfully Submitted by

Cindy Swann